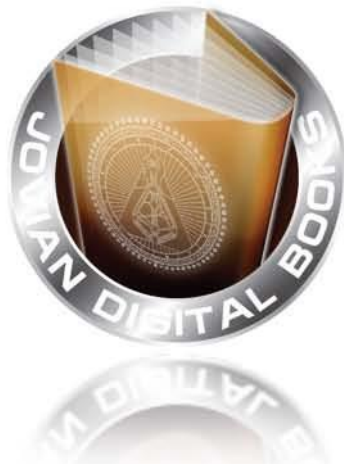


IHDS PHS PRACTITIONER CERTIFICATION YEAR 3 SEMESTER 2

RA URU HU



INTERNATIONAL HUMAN DESIGN SCHOOL



Cover/Mau Cattaneo
Transcribed/Patricia Balentine
Proofed/Eileen Smith
Layout/Becky Markley



The Rave BodyGraph™ and Rave Mandala™ are registered trademarks of Jovian Archive Corporation.



TABLE OF CONTENTS

The IHDS PHS Certification Year 3: PHS Practitioner	vii
Lesson One.....	1
Holistic Properties 1	1
The Rave Properties	1
The Variable	3
The Rave Properties List	4
Base Orientation	6
Determination and Cognition	6
Environment	6
Rave Properties Show Possibilities in the Being	7
No Limitation	8
PHS is Dangerous	9
Personality and Design	10
2027	10
The Single Authority	11
Dedication to the Process	12
Healing Starts With the Body	13
Limitations in Following PHS	13
Accepting the Consequences of PHS	15
Different Ways in Applying the Knowledge	15
Lesson Two	17
Preparation Analysis	17
Aligning the Vehicle to Its Precise Needs	17
Food and Homogenization	18
Differentiation Begins in the Body	18
Bedside Manner	20
The Need to Understand the Personality	20
Emotional People	21
Holistic Trainers	22
Developing Relationships	23
Providing a Holistic Service	23
Recognition and Healing	24
The Determination and the Cognition	25
Determination: Indirect	25
Respect for the Client's Nuances	26
The First Appointment	27
Open Workshops	27
The Next Steps	27



The Knowledge is for Tomorrow	28
Deconstructing Keynotes	28
Sharing Information	29
The Environment	29
Base Orientation	29
The PHS Practitioner's Role	30
Lesson Three.....	33
Review and Test Preparation	33
The Center for Human Differentiation	33
Education in Human Design.....	34
Examination Schedule	35
Relax and Enjoy the Testing	36
The Technical Aspect of the Tests	37
Right Mind Studying	37
Left Mind Studying	38
Lesson Four.....	48
Candidate Examination 1: no transcript	48
Lesson Five	49
Candidate Examination 1 Review: no transcript	49
Lesson Six	51
Rave Properties	51
Type / Signature.....	52
Profile.....	53
The Nuance Material.....	53
Determination	55
Cognition	56
Life-Giving Nutrition	57
Fundamental Keys: Determination and Cognition	57
Three Parts of PHS	58
The Right Being	59
Parents.....	59
The Environment	59
The Nodes.....	61
Base Orientation	62
Link Nodes.....	62
Understanding the Basics.....	63
PHS Base Orientation is More about Rejection	64
Master the Information in the Boxes.....	65
Variable	65
Goal: Take the Person through the Three Stages of Transformation	65
Environment and Emergencies.....	66



Lesson Seven	67
Determination and Cognition	67
Determination: Alternating	68
1 st Color / 6 th Tone	68
Eating in One's Own Aura	71
The Chain: 3, 1, 6	73
The Cognition: Touch	76
6 th Tone: Touch, Acceptance and the Rave	81
The Penta	83
Lesson Eight	85
Environments	85
Caves	87
Markets	89
Kitchens	90
Mountains	93
Valleys	95
Shores	96
The Difference between Natural and Artificial Shores	97
The Difference between Narrow and Wide Valleys	97
Synthesizing the Knowledge	98
Lesson Nine	101
Exam Preparation	101
The Exam Focus: The Internal and the External	101
The Center for Human Differentiation	102
The Exam Will Focus on the Basic Tools of PHS	103
Different Study Procedures between the Left and the Right Beings	103
To be Your Own Authority is to be Beyond Measurement	105
The Magnetic Monopole and Capture Frequency	106
Establishing the Platform for Personality Passenger Awareness	108
The Parents' Conditioning on Children	109
Technically Express Answers Simply and Straightforward	110
Variable	111
Tone	112
Chains	112
Elfriede's PDF Graph	113
Eating and the Environment	113
Continuity of the Chart	114
Parents, Children and Homogenization	114
Lesson Ten	116
Candidate Examination 2: no transcript	116
Lesson Eleven	117
Studying for the Exam	117



The Right	117
The Left	117
Trust Yourself	118
Retesting in August	119
Trust in Yourself	119
The Right Studying and Your Tone	120
The Left Focus	121
The Right Being Present	121
The Left Training	121
The Right & Releasing Answers when Free from the Mind	122
The Right Mind: Drifting and Note Taking is Not-Self	122
Taking in the Acoustic Experience	123
Left Personality / Right Design	125
Right Personality / Left Design	126
Study Group	126

~



The IHDS PHS Certification Year 3: PHS Practitioner

The Primary Health System (PHS) is a revolutionary approach to well-being. PHS was first introduced by Ra Uru Hu in April 2003. As empowering as Human Design is for the Personality Passenger, PHS is the awakening key for the Design Vehicle. PHS is the result of years of ground laying work in the sub-structure of the Line.

The PHS Primary Health System Analyst program is open to any student who has completed PHS Analyst Year Two program. The PHS Practitioner Program Year Three focuses on the testing and certification process.

The IHDS is the official Human Design and Global Incarnation Index certifying and licensing authority. The IHDS offers programs leading to official certification in both teaching and practice.

The PHS Primary Health System Practitioner is such a credit program. To complete this program for certification, students are required to complete the entire program of three years and pass the required examinations.

This book is a transcript of the third year, second semester originally taught in Winter of 2008.

Note: The Center for Human Differentiation referred to in this course was a 1-year experiment that began November 2008 and completed September 2009.

~